

**4.5 Mile Run - 11/07/10**

<b>Finish</b>	<b>FirstName</b>	<b>LastName</b>	<b>Gender</b>	<b>Age</b>	<b>Time</b>	<b>Notes</b>
1	Graeme	Roche	M	25	28:11	First Male
2	Brent	Couvrette	M	22	31:21	
3	Elizabeth	Dansie	F	26	32:41	First Female
4	Brian	Chee	M	44	33:47	
5	Jessica	Winter	F	26	34:27	
6	Heather	Liati	F	39	36:51	
7	Annika	Fain	F	35	37:36	
8	Jon	Froehlich	M	32	37:42	
9	Kenny	Ho	M	38	37:50	
10	Paul	Goldenberger	M	27	38:30	
11	Kendy	Sasaki-Ross	F	46	39:50	
12	Scott	Skorupa	M	42	40:05	
13	Dagmar	Fronek	F	43	40:15	
14	Amy	Rainforth-Dom	F	35	40:28	
15	Kelly	Hjelle	F	40	40:51	
15	Bryce	Ferguson	M	31	41:05	
17	Sue	Bailey	F	44	41:24	
18	Becky	Antilla	F	23	41:29	
19	Jeremy	Walliman	M	27	41:30	
20	Kezia	Cockrill	F	31	42:02	
20	Becca	Snyder	F	29	42:04	
22	Rohit	Eipe	M	30	42:57	
23	Maureen	Oscadal	F	29	43:14	
24	Raquel	DeHoyos	F	36	43:28	
25	Megan	Oakes	F	14	43:47	
26	Kristin	Haberly	F	27	45:01	
26	Sara	Keogh	F	49	45:05	
28	Taylor	Finn	F	12	45:20	
29	Ken	Finn	M	46	45:21	
30	Alan	Widmer	M	45	45:25	
31	Leah	Findlater	F	31	45:57	
32	Kristin	Dean	F	40	46:05	
33	Marijoie	Jumawan	F	22	46:47	
34	Jacob	Miner	M	25	46:47	
35	Jennifer	Louie	F	34	46:52	
36	Katie	Ault	F	24	47:00	
37	Leanna	Aker	F	37	47:05	
38	Kerri	Landeis	F	52	47:28	
39	Nikelle	Rosier-Butler	F	42	47:38	
40	Dominique	Sosapavon	F	11	47:39	
41	Tandi	Taylor	F	35	47:40	
42	Wendy	Nazzaro	F	45	47:41	
43	Heidi	Chamberlain	F	41	48:07	
43	Jennifer	Guillen	F	37	48:39	
45	Danielle	Wain	F	33	48:50	
46	Kristi	Schwartz	F	39	48:59	
47	Gianna	Hughes	F	43	49:07	

48	Heather	Scott	F	32	49:14
48	Jennifer	Lawrence	F	26	49:15
50	Trace	Parker	F	40	49:16
51	Desiree	Michel	F	24	49:17
52	Debbie	Cederwall	F	57	49:18
53	Tonia	Nowlan	F	36	49:19
54	Luz	Jaimes	F	44	49:20
55	Patrick	Nazzaro	M	46	49:47
56	Kathleen	Oliver	F	51	50:02
57	Bo	Ahlberg	M	53	50:18
58	Elisabeth	Cummins	F	33	50:30
59	Sarah	Gire	F	39	51:04
60	Kathy	Traugott	F	56	51:12
61	Jane	Nova	F	47	51:29
62	Kelli	Curtis	F	51	51:43
63	Kelly	Fenelly	F	36	51:44
64	Wendy	Johnsen	F	53	51:54
65	Charis	Yates	F	51	51:46
66	Ericka	Schlecht	F	42	51:51
67	Karen	Predmore	F	39	52:27
68	Olga	Lymberis	F	39	53:11
69	Laura	Lee	F	50	53:12
70	Cindy	Schuster	F	29	53:15
71	Mark	Schuster	M	33	53:24
72	Sarah	Formica	F	27	53:28
73	Arlene	Bringmann	F	50	53:37
74	Pamela	Granston	F	57	53:38
75	Karen	Berardi	F	24	53:40
76	Teresa	Shelton	F	31	53:56
77	Annie	Chricaden	F	36	54:03
78	Lidija	Kamansky	F	37	54:50
79	Darcy	Luna	F	40	54:57
80	Drew	Petty	M	37	55:22
81	Eva	Young	F	30	55:39
82	Teri	Shipman	F	48	55:50
83	Anna	Navarro	F	30	56:34
84	Rebecca	Sharp	F	50	58:01
85	Kelsi	Thorsness	F	22	58:16
86	Leah	Morck	F	23	58:16
87	Andrea	Chricaden	F	39	58:20
88	Trace	Parker	F	40	58:35
89	Kimberly	Trahan	F	32	58:52
90	Patricia	Lynch	F	67	59:04
91	Sara	Baharloui	F	34	1:00:01
92	Melanie	Ober	F	34	1:00:02
93	Emily	Smith	F	25	1:00:03
94	Leonore	Faulds	F	37	1:00:34
95	Jaimie	Cole	F	32	1:00:40
96	Monica	Rondon	F	44	1:01:29

97	Cindy	McGonigal	F	53	1:01:30
98	Christine	Middleton	F	43	1:01:31
99	Kathleen	Smith	F	63	1:03:12
100	Alice	Chapman	F	48	1:05:47
101	Tammy	Braun	F	43	1:06:03
102	Heather	Wall	F	27	1:06:33
103	Melissa	Battle	F	32	1:07:36
104	Nancy	Hautala	F	53	1:07:59
105	Theresa	Overland	F	31	1:08:10
106	Megan	Reuther	F	32	1:08:10
107	Elizabeth	Garrison	F	39	1:09:13
108	Kellye	Hilde	F	33	1:11:18
109	Bridget	Dalton	F	37	1:15:29
110	Naomi	Lyon	F	34	1:15:32
111	Kristina	Voros	F	40	1:16:11
112	Dana	Barkdoll	F	38	1:18:40
113	James	Milks	M	38	2:08:20
114	Alison	Milks	F	36	2:08:28
115	James	Heugas	M	33	2:08:36
116	Margaret	Andre	F	74	2:08:41
117	Jessica	Andre	F	38	2:08:41

### **Half Marathon - 11/07/10**

<b>Finish</b>	<b>FirstName</b>	<b>LastName</b>	<b>Gender</b>	<b>Age</b>	<b>Time</b>	<b>Notes</b>
1	Kim	Harding	F	22	1:36:01	First Female
2	Nina Ellen	Keaney	F	40	1:45:21	
3	Darrin	Fossum	M	44	1:45:56	First Male
4	Michael	Rice	M	46	1:49:53	
5	Reed	Cundiff	M	38	1:50:21	
6	Pam	Iyer	F	55	1:54:07	
7	Kathy	Morrisson	F	40	1:55:53	
8	Janie	Crane	F	28	1:59:18	
9	Jessica	Cary	F	16	1:59:33	
10	Dave	Graves	M	45	1:59:35	
11	Robert	Ralph	M	39	1:59:36	
12	Erin	Simms	F	42	2:01:05	
13	Karen	Nolting	F	51	2:02:21	
14	Chuck	Cathey	M	57	2:02:33	
15	Wendy	Graves	F	42	2:02:42	
16	Donna	Rode	F	50	2:03:11	
17	Jason	Loeffler	M	36	2:06:04	
18	Betsy	Zoladz	F	33	2:06:08	
19	Jane	Gooding	F	30	2:06:55	
20	Francie	Zant	F	32	2:09:10	
21	Natalie	Swistak	F	42	2:09:27	
22	Sean	Leffard	M	36	2:10:09	
23	Patti	Krebsbach	F	48	2:13:17	
24	Kelvin	Battle	M	41	2:13:17	
25	Lisa	Swanson	F	41	2:13:51	

26	Michela	Mattens	F	20	2:15:17	
27	Kristen	Strauch	F	19	2:15:37	
28	Judy	Pratt	F	55	2:16:13	
29	Julia	Emerson	F	36	2:16:13	
30	Kimberly	Sutherland	F	40	2:16:13	
31	Tammy	Bennett	F	47	2:16:13	
32	Jennifer	Kapinos	F	37	2:18:17	
33	Eric	Kapinos	M	41	2:18:35	
34	Cynthia	Johnson	F	47	2:19:37	
35	Nancy	Larson	F	59	2:19:51	
36	Caitlin	Norton	F	33	2:20:53	
37	Joline	Levine	F	33	2:23:36	
38	Sarah	McComb	F	34	2:23:37	
39	Jacquelyn	Ashley	F	39	2:24:00	
40	Teresa	Soucie	F	56	2:24:36	
41	Jennifer	Jackson Lee	F	34	2:24:42	
42	Kristin	Timm	F	45	2:24:45	
43	Cora	Artz	F	32	2:26:44	
44	Karin	Kaups	F	47	2:26:47	
45	Arne	Nelson	M	48	2:28:05	
46	Larissa	Martin Ralph	F	35	2:28:14	
47	John	Farrell	M	37	2:28:17	
48	Ronda	Strauch	F	43	2:29:21	
49	Lia	Adams	F	34	2:30:34	
50	Jen	McGill	F	37	2:33:43	
51	Tamara	Oakes	F	47	2:36:02	
52	Pamela	Chow	F	31	2:41:07	
53	Nancy	Ricketts	F	39	2:41:40	
54	Susan	Wade	F	37	2:44:39	
55	Rebecca	Hoyt	F	35	2:46:24	
56	Tracy	Norlen	F	49	2:47:01	
57	Bob	Stone	M	54	2:48:19	
58	Debbie	Stone	F	54	2:48:21	
59	Kat	Prausa	F	40	2:49:44	
60	Kari	Dreyling	F	33	2:50:34	
61	Lisa	Caruccio	F	48	2:50:40	
62	Tamara	Mackey	F	41	2:53:43	
63	Hari	Iyer	M	60	2:57:07	
64	Andrea	Pearson	F	32	2:57:40	
65	Laura	Gjuka	F	39	2:57:41	
66	Marci	Farrell	F	38	2:57:42	
67	Stacey	Legg	F	31	2:57:42	
68	Theresa	Taft	F	30	2:57:43	
69	Shelly	Voigt	F	29	3:04:24	
70	Mary	George	F	37	3:04:26	
71	Rossana	Zemek	F	43	3:14:17	
72	Ashley	Whittier	F	33	3:37:21	
	Tammi	Miller	F	37	DNF	Completed 2 laps